



# Assisted Living

# March 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1</b> 10:30 AM Balloon Volleyball 11 AM Travelogue (3 <sup>rd</sup> Fl) 2 PM Laurel playing Harp
<b>2</b> 11:00 AM Peace & Hope (1992) 1:30 PM Mahjong (GR) 2:00 PM Scripture Reflections (1992) 3:00 PM Vespers (1992)	<b>3</b> 10:30 AM Prayer Group w/ Pastor Williams (3 <sup>rd</sup> Floor) 11 AM Coffee & Cards (3 <sup>rd</sup> ) 1:00 PM Bridge (GR) 1:00 PM Chair Volleyball (A) 2 PM Bingo (3 <sup>rd</sup> floor) 3 PM Music Group (3 <sup>rd</sup> Floor) 7:00 PM Game Night (CMR)	<b>4 Mardi Gras</b> 9:00 AM Men's Bible Study 10:30 AM Chair Yoga (3 <sup>rd</sup> Floor) 11 AM Trivia Tuesday (3 <sup>rd</sup> Floor) 1:00 PM Holy Communion (CMR) 1:30 PM Bible Study (CMR) 2 PM Mardi Gras Mocktails (3 <sup>rd</sup> ) 4PM BOSS: "Let the good times roll" w/ Life Enrichment (A)	<b>5 Ash Wednesday</b> 11 Chair Volleyball with kids from Guys with Ties & Girls w/ Pearls (A) 1:00 PM Chair Volleyball (A) 1:30 PM AL Bridge Club (3 <sup>rd</sup> Floor) 2 PM Jim Robinson on the Hammered Dulcimer (1 <sup>st</sup> Floor) 3:30 Roundtable Discussion (CMR) 7:00 PM Vespers (CH)	<b>6</b> 10:00-1:00 Lucky Leprechaun-Scholarship Fundraiser (L) 10:30 AM Fitness Fun (1 <sup>st</sup> Floor) 11 AM Fetch w/ Hank (1 <sup>st</sup> Floor) 11:30 AM Thursday Theology (1 <sup>st</sup> Floor) 2 PM Craft Corner: March Wreath (3 <sup>rd</sup> ) 3PM Dice Game: Steal my Beads (3 <sup>rd</sup> F) 7:00 PM Bingo (A)	<b>7 International Women's Day</b> 10:00-1:00 Lucky Leprechaun Fundraiser (L) 10:30 AM Town hall (A) 11:30 AM Hymn Sing with Vicki 1:00 PM Wii Games (GR) 3:00 PM National Women's Day Tea (Auditorium- RSVP Required)	<b>8</b> 10:30 AM Beanbag Tic-tac-toe (3 <sup>rd</sup> Floor) 11 AM Travelogue (3 <sup>rd</sup> Fl) 2:00 PM Intro to Tap (AR) 2 PM Word Games (3 <sup>rd</sup> Fl) 3 PM Jeopardy (3 <sup>rd</sup> Floor) 7:00 PM Movie: Persuasion (CMR)
<b>9 Spring Forward!</b> 11:00 AM Peace & Hope (1992) 1:30 PM Mahjong (GR) 2:00 PM Scripture Reflections (1992) 3:00 PM Vespers (1992)	<b>10</b> 10 AM Prayer Group w/ Pastor Williams (3 <sup>rd</sup> Floor) 10:30 AM Educators Club: "How Does Your Garden Grow" Shawn Jadrnicek (A) 1:00 PM Bridge (GR) 1:00 PM Chair Volleyball (A) 2 PM Bingo (3 <sup>rd</sup> floor) 3 PM Music Group (3 <sup>rd</sup> Floor) 7:00 PM Townhall on ch.1992	<b>11</b> 9:00 AM Men's Bible Study (CMR) 10:30 AM Chair Yoga (3 <sup>rd</sup> Floor) 11 AM Trivia Tuesday (3 <sup>rd</sup> Floor) 1:00 PM Holy Communion (CMR) 1:30 PM Bible Study (CMR) 2 PM Resident Council (3 <sup>rd</sup> Floor) 3 PM Word Games (3 <sup>rd</sup> Floor) 7:00 PM Movie: ET (CMR)	<b>12</b> 10:30 AM Corn Hole (1 <sup>st</sup> Floor) 11 AM Piano Playing Barbara (1 <sup>st</sup> ) 10:30 AM- 12:00 Falls Clinic (A) 1:00 PM Chair Volleyball (A) 1:30 PM AL Bridge Club (3 <sup>rd</sup> Floor) <b>2 PM Bus trip to Mill Mountain Coffee Shop (sign up required)</b> 3:30 Roundtable Discussion (CMR) 7:00 PM Vespers (CH)	<b>13</b> 10:30 AM Meet and Greet with Housekeeping (A) 10:30 AM Fitness Fun (1 <sup>st</sup> Floor) 11 AM Fetch w/ Hank (1 <sup>st</sup> Floor) 11:30 AM Thursday Theology (1 <sup>st</sup> Fl) 1:00 PM Nutrition Bingo (CMR) 2 PM Craft Corner: Lucky charms (3 <sup>rd</sup> F) 3PM Balloon Badminton (A) 7:00 PM Arts from the Heart: Alma Ensemble (A)	<b>14</b> 10:30 AM Discussion Group (1 <sup>st</sup> Fl) 11:30 AM Hymn Sing w/ Vicki (1 <sup>st</sup> F) 1 PM Wii Games (GR) 2 PM Movie and Popcorn: Unfrosted (3 <sup>rd</sup> Floor)  *Nail care every Friday- sign up on bulletin board	<b>15</b> 10:30 AM Balloon Volleyball 11 AM Travelogue (3 <sup>rd</sup> Fl) 2 PM Card Games (3 <sup>rd</sup> Floor) 3 PM Bananagrams (3 <sup>rd</sup> F) 7:00 PM Movie: Irish Wish (CMR)
<b>16 Champagne Brunch</b> 11:00 AM Peace & Hope (1992) 1:30 PM Mahjong (GR) 2:00 PM Scripture Reflections (1992) 3:00 PM Vespers (1992)	<b>17 Happy St. Patrick's Day!</b> 10:30 AM Prayer Group w/ Pastor Williams (3 <sup>rd</sup> Floor) 11 AM Coffee & Craft (3 <sup>rd</sup> ) 1:00 PM Bridge (GR) 1:00 PM Chair Volleyball (A) 2 PM St. Patrick's day Bingo 3 PM Music Group (3 <sup>rd</sup> Floor) <b>Happy Birthday Vicky Mitchell</b>	<b>18</b> 9:00 AM Men's Bible Study 10:30 AM Chair Yoga (3 <sup>rd</sup> Floor) 11 AM Trivia Tuesday (3 <sup>rd</sup> Floor) 1:00 PM Holy Communion (CMR) 1:30 PM Bible Study (CMR) 2 PM Shamrock and roll (3 <sup>rd</sup> Fl) 7:00 PM Kinfolk: Celtic Folk Music (A)	<b>19</b> 10:30 AM Corn Hole (1 <sup>st</sup> Floor) 11 AM Piano Playing with Caroline 1:00 PM Chair Volleyball (A) 1:30 PM AL Bridge Club (3 <sup>rd</sup> Floor) 2 PM John Yates Music Performance (1 <sup>st</sup> Floor) 3:30 Roundtable Discussion (A) 7:00 PM Vespers (CH)	<b>20</b> 10:30 AM Fitness Fun (1 <sup>st</sup> Floor) 11 AM Fetch w/ Hank (1 <sup>st</sup> Floor) 11:30 AM Thursday Theology (1 <sup>st</sup> Fl) 1:30 PM Chair volleyball at NRC (L) 2 PM Craft Corner (3 <sup>rd</sup> Floor) 3PM Dice Game: Shut the Box (3 <sup>rd</sup> Fl) 7:00 PM Arts from the Heart: Alma Ensemble (A)	<b>21</b> 10:30 AM Garden Group (1 <sup>st</sup> Fl) 11:30 AM Hymn Sing w/ Vicki (1 <sup>st</sup> F) 1:00 PM Wii Games (GR) 2 PM Movie and Popcorn: Luck of the Irish (3 <sup>rd</sup> Floor) 3:00 PM Reflections: (A)	<b>22</b> 10:30 AM Bean Bag Tic-tac-toe (3 <sup>rd</sup> Floor) 11 AM Travelogue (3 <sup>rd</sup> Fl) 2:00 PM Intro to Tap (AR) 2 PM Word Games (3 <sup>rd</sup> Fl) 3 PM Jeopardy (3 <sup>rd</sup> Floor) 7:00 PM Movie: From Time to Time (CMR)
<b>23</b> 11:00 AM Peace & Hope (1992) 1:30 PM Mahjong (GR) 2:00 PM Scripture Reflections (1992) 3:00 PM Vespers (1992)	<b>24</b> 10:30 AM Prayer Group w/ Pastor Williams (3 <sup>rd</sup> Floor) 11AM Coffee & Get to know you (3 <sup>rd</sup> Floor) 1:00 PM Bridge (GR) 1:00 PM Chair Volleyball (A) 2 PM Bingo (3 <sup>rd</sup> floor) 3 PM Music Group (3 <sup>rd</sup> Floor)	<b>25</b> 10:30 AM Chair Yoga (3 <sup>rd</sup> Floor) 11 AM Trivia Tuesday (3 <sup>rd</sup> Floor) 1:00 PM Holy Communion (CMR) 1:30 PM Bible Study (CMR) 2 PM Word Games (3 <sup>rd</sup> Floor) 3 PM Wii Games (3 <sup>rd</sup> Floor) 7:00 PM Movie: Our Town (CMR)	<b>26</b> 10:30 AM Tech Class: CATIE (CMR) 10:30 AM Walk in CY 11 AM Piano Playing Pat H. (1 <sup>st</sup> ) 1:00 PM Chair Volleyball 1:30 PM AL Bridge Club (3 <sup>rd</sup> Floor) 2 PM Scrabble (2 <sup>nd</sup> Floor) 3:30 Roundtable Discussion (CMR) 7: 00 PM Vespers (CH)	<b>27 Surf and Turf</b> 10:30 AM Fitness Fun (1 <sup>st</sup> Floor) 11 AM Fetch w/ Hank (1 <sup>st</sup> Floor) 11:30 AM Thursday Theology (1 <sup>st</sup> Floor) 2PM Craft Corner: Pottery Painting (3 <sup>rd</sup> ) 3PM Dice Game: Yahtzee (3 <sup>rd</sup> floor) 7:00 PM Bingo (A)	<b>28</b> 10:30 AM Garden Group (1 <sup>st</sup> Fl) 12:00 Auxiliary Fashion Show (A) 1:00 PM Wii Games (GR) 1:00 PM Mystery Friday Fitness Fun (AR) 2 PM AL Book Club: Book TBA (3 <sup>rd</sup> Floor-Activity Room)	<b>29</b> 10:30 AM Balloon Volleyball 11 AM Travelogue (3 <sup>rd</sup> Fl) 2 PM Card Games (3 <sup>rd</sup> floor) 3 PM Bananagrams (3 <sup>rd</sup> Fl) 7:00 PM Movie: Paddington Bear 2 (CMR)
<b>30</b> 11:00 AM Peace & Hope (1992) 1:30 PM Mahjong (GR) 2:00 PM Scripture Reflections (1992) 3:00 PM Vespers (1992)	<b>31</b> 10:30 AM Prayer Group w/ Pastor Williams (3 <sup>rd</sup> Floor) 11 AM Coffee & Tech Class (3) 1:00 PM Bridge (GR) 1:00 PM Chair Volleyball (A) 2 PM Bingo (3 <sup>rd</sup> floor) 3 PM Music Group (3 <sup>rd</sup> Floor)	<b>ROOM GUIDE</b> Rooms in Independent Living : CMR- Community Room, AE- Arts & Education, CH- Chapel, A- Auditorium, T-Theater, L- Lobby, GR- Game Room, AR- Aerobic Room, CY- Courtyard, MVR-Mountain View Room, Rooms in Assisted Living: 1st Floor- ground floor of AL by Courtyard, 3rd Floor- AL Activity Room on 3 <sup>rd</sup> Floor Highlighted Activities require an RSVP				

