


January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 HAPPY NEW YEAR! Staff Holiday 8:00-9:30 AM Coffee & Danish (L) 7:00 PM Vespers (CH)	2 10:30 AM Fitness Fun (1 st Floor) 11 AM Snowman Races (1 st Floor) 2 PM Craft Corner: January Wreaths (3 rd Floor) 3 PM Dice Game (3 rd Floor) Happy Birthday Nancy Farthing!	3 10:30 PM Discussion Group (1 st) 11:30 AM Hymn Sing w/ Vicki (1) 2:00 PM Oldies but Goodies Music Bingo- All levels of Care (A)	4 10:30 AM Balloon Volleyball (3 rd Fl) 11 Travelogue to Algeria 3 PM Bananagrams 7:00 PM Movie: The Terminal (CMR)
5 11:00 AM Peace & Hope (1961) 1:30 PM Mahjong (GR) 2:00 PM Scripture Reflections (1961) 3:00 PM Vespers (1961)	6 10:30 AM Prayer Group w/ Pastor Williams (3 rd Floor) 11:30 AM Coffee & Writing Class (3 rd) 1:00 PM Bridge (GR) 1:00 PM Chair Volleyball (A) 2 PM Bingo (3 rd Floor) 3 PM Music Group (3 rd Floor) 7:00 PM Game Night (CMR)	7 10:30 AM Chair Yoga (3 rd Floor) 11 AM Trivia Tuesday (3 rd Floor) 1:00 PM Holy Communion (CMR) 1:30 PM Bible Study (CMR) 2 PM Word Games (3 rd Floor) 2:45 PM Standing Hula (AR) 4 PM Boss: Frank McGuire (A) 7:00 PM Movie Night: Stage Coach (CMR)	8 8:00-9:30 AM Coffee & Danish (L) 10:30 AM Corn hole (1 st Floor) 11 AM Piano Playing Barbara (1) 1:00 PM Chair Volleyball (A) 1:30 PM AL Bridge Club (3 rd Floor) 2 PM Music Bingo for Elvis' Birthday (1 st floor) 3 PM Happy Hour (1 st Floor) 7:00 PM Vespers (CH)	9 10:30 AM Fitness Fun (1st Floor) 11 AM Fetch with Hank (1st Fl) 11:30 AM Thursday Theology 2 PM Craft Corner: Cotton Ball Craft (3rd Floor) 3 PM Dice Game (3rd Floor)	10 10:30 AM Town hall (A) 10:30 AM Discussion Group (1 st F) 11:30 AM Hymn Sing w/ Vicki (1) 1:00 PM Wii Games (GR) 1:30 PM Bamboo Fusion Workout 2 PM Movie & Popcorn: The Lion King (3 rd Floor) 7:00 PM Arts from the Heart: Alma Ensemble (A) Happy Birthday Wanda Miller!	11 10:30 AM Balloon Volleyball (3 rd Floor) 11 AM Travelogue to Argentina (3 rd Floor) 2:00 PM Intro to Tap (AR) 2 PM Word Games (3 rd Fl) 3 PM Jeopardy (3 rd Floor) 7:00 PM Movie: Howards End- Pt 1
12 11:00 AM Peace & Hope (1961) 1:30 PM Mahjong (GR) 2:00 PM Scripture Reflections (1961) 3:00 PM Vespers (1961)	13 10 AM Prayer Group w/ Pastor Williams (3rd Floor) 10:30 AM Educators Club: Frank McGuire, Roanoke Greenways 11 AM Coffee & Craft (3 rd Floor) 1:00 PM Bridge (GR) 1:00 PM Chair Volleyball (A) 2PM Bingo (3rd Floor) 3PM Music Group (3rd Floor) 7:00 PM Townhall on ch.1961	14 Surf and Turf 10:30 AM Chair Yoga (3rd Floor) 11 AM Trivia Tuesday (3rd Floor) 1:00 PM Holy Communion (MVR) 1:30 PM Bible Study (MVR) 2PM Resident Council 2:45 PM Standing Hula (AR) 3 PM Word Games (3 rd Floor) 7 PM Movie: The Lost City (CMR)	15 8:00-9:30 AM Coffee & Danish (L) 10:30 AM Corn Hole (1 st Floor) 11 AM Piano Playing Janet (1 st Fl) 1:00 PM Chair Volleyball (A) 1:30 PM AL Bridge Club (3rd Fl) 2 PM John Yates Performance (1 st Floor) 7:00 PM Vespers (CH)	16 10:30 AM Fitness Fun (1st Floor) 11 AM Fetch with Hank (1st Fl) 11:30 AM Thursday Theology 2 PM Service Project: Quilts for The Animal Shelter (3rd Floor) 3 PM Dice Game (3rd Floor) Happy Birthday Tricia McMahon!	17 10:30 AM Discussion Group (1 st F) 11:30 AM Hymn Sing w/ Vicki (1) 1:00 PM Wii Games (GR) 1:30 PM Book Club: Tom Lake (3 rd Floor) 3:00 PM Reflections: 7:00 PM Arts from the Heart: Deanne Vance & Rick Dolan (A)	18 10:30 AM Balloon Volleyball (3rd Floor) 11 AM Travelogue to Armenia (3rd Floor) 2 PM Card Games (3rd) 3 PM Bananagrams (3 rd) 7:00 PM Movie: Howards End – Pt 2
19 Champagne Brunch 11:00 AM Peace & Hope (1961) 1:30 PM Mahjong (GR) 2:00 PM Scripture Reflections (1961) 3:00 PM Vespers (1961)	20 Activities Professionals Week! 10:30 AM Prayer Group w/ Pastor Williams (3rd Floor) 11 AM Coffee & Cards (3rd Fl) 1:00 PM Bridge (GR) 1:00 PM Chair Volleyball 2PM Sing-A-Long Performance with Aspen (1 st Floor) 7:00 PM Game Night (CMR)	21 9:00 AM Aqua Yoga (Pool) 10:30 AM Chair Yoga (3rd Floor) 11 AM Trivia Tuesday (3rd Floor) 1 PM Holy Communion (CMR) 1:30 PM Mahjong (GR) 2 PM Word Games (3 rd Floor) 2:45 PM Standing Hula (AR) 3 PM Disco Music Bingo (3 rd Floor) 7 PM Movie: Quartet (CMR)	22 8:00-9:30 AM Coffee & Danish (L) 10:30 AM Corn Hole (1 st Floor) 11 AM Piano Playing Pat H (1) 1:00 PM Chair Volleyball (A) 1:30 PM AL Bridge Club (3rd Fl) 2PM Winter games with Staff (2 nd Floor) 7:00 PM Vespers (CH)	23 10:30 AM Fitness Fun (1st Floor) 11 AM Fetch with Hank (1st Fl) 11:30 AM Thursday Theology 2 PM Craft Corner: Pottery Painting (3rd Floor) 3 PM Dice Game (3rd Floor)	24 10:30 AM Discussion Group (1st F) 11:30 AM Hymn Sing w/ Vicki (1) 1:00 PM Wii Games (GR) 1 PM Movie outing: Movie TBA	25 10:30 AM Balloon Volleyball (3rd Floor) 11 AM Travelogue to Australia (3rd Floor) 2:00 PM Intro to Tap (AR) 2 PM Word Games (3rd) 3 PM Jeopardy (3rd Fl) 7:00 PM Movie: Military Wives (CMR)
26 11:00 AM Peace & Hope (1961) 1:30 PM Mahjong (GR) 2:00 PM Scripture Reflections (1961) 3:00 PM Vespers (1961)	27 10AM Prayer Group w/ Pastor Williams (3rd Floor) 10:30 AM Educators Club: David Stewart Wiley (A) 11:30 AM Coffee & Tech Class (3rd) 1:00 PM Bridge (GR) 1:00 PM Chair Volleyball (A) 2 PM Bingo (3rd Floor) 3 PM Music Group (3rd Floor)	28 10:30 AM Chair Yoga (3rd Floor) 11 AM Trivia Tuesday (3rd Floor) 1:00 PM Holy Communion (CMR) 1:30 PM Mahjong (GR) 1:30 PM Bible Study (CMR) 2 PM Word Games (3 rd Floor) 3 PM Wii Games (3 rd Floor) 7:00 PM Bryan Matheson (A)	29 8:00-9:30 AM Coffee & Danish (L) 10:30 AM Corn Hole (3 rd Floor) 11 AM Scrabble (3 rd Floor) 1:00 PM National Puzzle Day Championship (A) 1:30 PM AL Bridge Club (3rd Fl) 2:30 PM January Brrrrthday Party 7:00 PM Vespers (CH)	30 Chinese New Year 10:30 AM Fitness Fun (1st Floor) 11 AM Fetch with Hank (1st Fl) 11:30 AM Thursday Theology 2 PM Craft Corner: Paper Lanterns (3rd Floor) 3 PM Dice Game (3rd Floor)	31 10:30 AM Discussion Group (1st F) 11:30 AM Hymn Sing w/ Vicki (1) 1:00 PM Wii Games (GR) 2 PM Movie & Popcorn: Frozen (3rd Floor)	 <p>In the heart of it all</p> <p>Assisted Living</p>

ROOM GUIDE
 CMR- Community Room, AE- Arts & Education, CH- Chapel, A- Auditorium, T-Theater, L- Lobby, GR- Game Room, AR- Aerobic Room, CY- Courtyard, MVR-Mountain View Room, 1st Floor- ground floor of AL, 3rd Floor- AL Activity Room on 3rd Floor **Highlighted = RSVP Needed**